

SIZZLING SUMMER COOK-OFF FESTIVAL

WILSON CO FAIRGROUNDS, 2331 US 301, WILSON NC

BLIND TASTE COMPETITION GUIDELINES

The blind judging is your finished barbeque product as you want it presented to the judges.

- Teams/ Cooks must be on site no later than by 3:30AM.
- Each team must have a Chief Cook with no more than 5 people to assist. The Chief cook must be at least 18 years old.
- Meat for the entry may not be precooked or cured in any prior to inspection at the beginning of the contest.
- Cooks are allowed to cook before time for the “Any” due to the time that’s needed for cooking.
- Blind box entries are to be judged on appearance, tenderness, and taste. (Garnish can be used)
 1. Appearance includes texture, color, fat to lean ratio, burnt meat and the visual appearance of the meat as a food product
 2. Tenderness is based on moistness and tenderness of the meat. Entries should not be dry, tough, or mushy.
 3. Taste of the entry should be pleasing, should not be excessively hot from the sauce and the seasonings, and should also not be bland. The meat should be appealing and enjoyable to a typical customer.
- Entries must be turned in within the stated time limit. (It is your responsibility to get it in.)
- Each team must comply with all applicable rules and regulations of the County Health Department, including but not limited to:

1. After cooking, meat must be maintained above 140 degrees Fahrenheit and covered.
2. Cleanliness of the cooking area and personnel is required.
3. Hands must be frequently and thoroughly washed.
4. No pets or small animals are allowed in cooking areas.

- **CONTESTANTS MAY NOT SELL ANY FOOD, DRINK, SOUVENIRS OR ANY OTHER ITEMS TO THE GENERAL PUBLIC..**
- No off-site alcohol will be allowed to be brought or consumed on property.
- Tents has to be fireproof
- A fire extinguisher is required or 5 gallon bucket of water
- Cook-off staff will provide each team with an unmarked container/tickets
- Score sheets will not contain any information that will identify the cooks or sponsors. Committee and judges total score sheet. A representative of the Cook-off committee will accompany the judges while the products are being judged to collect score sheets.
- If rules and regulations are not followed, it can result in disqualification. Please respect others at all times.
- Let's have some fun!!!!

Provided for the cooks will be:

10x20 cooking area
bathrooms/water/ electricity/plates, forks,